



WOOD'S HOMES
SERVING CHILDREN AND THEIR FAMILIES

- EASTSIDE FAMILY CENTRE -

CELEBRATING 20 YEARS IN THE COMMUNITY

PLEASE JOIN US
MARCH 15
8:30-4:30



DR. ARNIE SLIVE

A founder of Wood's Homes' Eastside Family Centre, and published author, Dr. Slive is a clinical psychologist and family therapist, currently practising in Austin, Tex.

WORKSHOP: DOING THERAPY BRIEFLY

Participants will:

- Know the history of brief and single-session therapy and its current place in the psychotherapy-field;
- Be familiar with research about brief and single-session therapy;
- Have familiarized themselves with 'how-to' for conducting therapy briefly
- A handout will highlight material addressed

Whether or not by plan, most therapy is brief therapy - less than 10 sessions.
'Where we have been and where we are going.'

- This workshop, through lecture & discussion, video case examples, and participant interaction will tell the story of the history and development of brief therapy with an emphasis on its logical extreme - single sessions.
- It will describe a model of walk-in, single-session therapy that has evolved over the course of the 20 years that the Eastside Family Centre has provided walk-in counselling.
- It will illustrate ways of measuring brief therapy outcomes and summarize current research about its effectiveness.

\$75 PER PERSON - INCLUDES LUNCH -

Wood's Homes - 805 37 St. NW Calgary
Tuer Children's Mental Health Centre (Parkdale campus) Training Room
To register: Please call June Gingerysty 403-299-9694 or email:
june.gingerysty@woodshomes.ca